

Experiences and quality of life of people diagnosed with lung cancer in Europe

DAILY LIFE

91.2%

experienced limitations

Main reasons

Fatigue
(70.9%)

Breathlessness
(42.8%)

Emotional issues
(39.4%)

One-third experienced significant changes in their ability to:



Shop



Stair climb



Walk > 15min



48.0%

Needed assistance to perform daily activities

Fatigue

was the most common (**92.8%**) and severe (**45.3%**) side effect



92.8%

24.9%



Impact on sexual relationships due to fatigue (**37.1%**), emotional issues (**36.8%**) and body changes (**30.1%**)

Sleeping problems

due to worries (**60.5%**), nocturia (**28.4%**) and pain (**27.9%**)



78.3%

49.5%



Eating difficulties

due to dry mouth (**21.3%**), taste or smell changes (**20.4%**) and appetite loss (**19.7%**)

Cognitive difficulties

- mainly difficulties in remembering things (**79.1%**) and concentrating on things (**73.7%**)



77.0%

55.1%



Reduction of physical activity

due to fatigue (**65.8%**), breathlessness (**51.8%**) and pain (**31.3%**)

QUALITY OF LIFE

HEALTHCARE

52.8%

Felt ill-equipped for self-managing their side effects

40.3%

Did not receive all the medical information they required



25.2% didn't participate in treatment decisions



32.2% had not discussed end-of-life care, even though they would have liked to

CALL TO ACTION

- Ensure access to supports to help with the impact of lung cancer and treatment.
- Develop care plans and educational programmes with the aim to improve quality of life for people impacted by lung cancer.
- Develop better communication between people impacted by lung cancer and healthcare professionals.
- Raise awareness and develop communication support concerning end-of-life care.

Methodology

Answers based on a 46 question survey (05/20/2021 - 07/01/2021; n=515).
The full report can be accessed here: www.lungcancereurope.eu

Get in touch:



Lung Cancer Europe

Many faces, One voice

www.lungcancereurope.eu

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